



# May 2026

## East Moriches Elementary School Breakfast Menu

### Available Daily:

- WG Bagel with Butter or Cream Cheese
- Cold Cereal Variety
- Fruit/Granola Yogurt Parfait
- String Cheese
- Variety of Fresh & Cupped Fruits
- Fat Free Chocolate Milk, Fat Free White Milk, or 1% White Milk
- 4 oz 100% Apple, Orange, or Tropical Juice

All Breakfast Must Include Fruit or Juice.

Choice of:  
Fat Free  
Chocolate Milk,  
Fat Free White  
Milk, or 1% White  
Milk

Items with a (P) may contain pork

MON	TUES	WED	THURS	FRI
				1 Cinnamon Chip Scone Diced Peaches 100% Fruit Juice
4 WG Muffin Cheese Stick Apple Slices 100% Fruit Juice	5 WG Bagel w/Strawberry Cream Cheese Orange Wedges 100% Fruit Juice	6 Chicken Sausage Muffin Applesauce 100% Fruit Juice	7 Bacon, Egg, & Cheese Croissant Diced Pears 100% Fruit Juice	8 Confetti Pancakes Mixed Fruit 100% Fruit Juice
11 Cinni Mini Applesauce 100% Fruit Juice	12 Turkey Sausage, Egg, & Cheese on a Bun Orange Wedges 100% Fruit Juice	13 WG Muffin Cheese Stick Diced Peaches 100% Fruit Juice	14 Egg & Cheese on an English Muffin Apple Slices 100% Fruit Juice	15 Ultimate Chocolate Chip Breakfast Round Orange Wedges 100% Fruit Juice
18 WG Muffin Cheese Stick Mixed Fruit 100% Fruit Juice Choice of Milk	19 Turkey Sausage Muffin Applesauce 100% Fruit Juice	20 Apple Frudel Orange Wedges 100% Fruit Juice	21 Egg & Cheese On a Bun Diced Pear 100% Fruit Juice	22 School Closed
25 School Closed Memorial Day	26 WG Mini Confetti Pancakes Orange Wedges 100% Fruit Juice	27 Snack'N Vanilla Confetti Waffles Strawberries 100% Fruit Juice	28 Chicken Sausage & Cheese on an English Muffin Diced Pears 100% Fruit Juice	29 Cinnamon Breakfast Bun Applesauce 100% Fruit Juice

Menus are subject to change.



## All Students Now Receive First Breakfast Meal Free!



This institution is an equal opportunity provider.





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- String Cheese
- Variety of Fresh & Cupped Fruits
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- 4 oz 100% Apple, Orange, or Tropical Juice

All Breakfast Must Include Fruit or Juice.

Choice of:  
Fat Free  
Chocolate Milk,  
Fat Free White  
Milk, or 1% White  
Milk

Items with a (P) may contain pork

MON	TUES	WED	THURS	FRI
				<sup>1</sup> Cinnamon Chip Scone Diced Peaches 100% Fruit Juice
<sup>4</sup> WG Muffin Cheese Stick Apple Slices 100% Fruit Juice	<sup>5</sup> WG Bagel w/Strawberry Cream Cheese Orange Wedges 100% Fruit Juice	<sup>6</sup> Chicken Sausage Muffin Applesauce 100% Fruit Juice	<sup>7</sup> Bacon, Egg, & Cheese Croissant Diced Pears 100% Fruit Juice	<sup>8</sup> Powdered Donut Mixed Fruit 100% Fruit Juice
<sup>11</sup> Cinni Mini Applesauce 100% Fruit Juice	<sup>12</sup> Turkey Sausage, Egg, & Cheese on a Bun Orange Wedges 100% Fruit Juice	<sup>13</sup> WG Muffin Cheese Stick Diced Peaches 100% Fruit Juice	<sup>14</sup> Egg & Cheese on an English Muffin Apple Slices 100% Fruit Juice	<sup>15</sup> Ultimate Chocolate Chip Breakfast Round Orange Wedges 100% Fruit Juice
<sup>18</sup> WG Muffin Cheese Stick Mixed Fruit 100% Fruit Juice Choice of Milk	<sup>19</sup> Turkey Sausage Muffin Applesauce 100% Fruit Juice	<sup>20</sup> Apple Frudel Orange Wedges 100% Fruit Juice	<sup>21</sup> Egg & Cheese On a Bun Diced Pear 100% Fruit Juice	<sup>22</sup> School Closed
<sup>25</sup> School Closed Memorial Day	<sup>26</sup> WG Mini Confetti Pancakes Orange Wedges 100% Fruit Juice	<sup>27</sup> Snack'N Vanilla Waffles Strawberries 100% Fruit Juice	<sup>28</sup> Chicken Sausage & Cheese on an English Muffin Diced Pears 100% Fruit Juice	<sup>29</sup> Cinnamon Breakfast Bun Applesauce 100% Fruit Juice

Menus are subject to change.

Powering potential.™



All Students Now  
Receive First Breakfast  
Meal Free!



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# May 2026

## East Moriches Middle School Lunch Menu

### Available Daily:

- Popcorn Chicken
- Cheese Pizza
- Turkey & Cheese on WG Kaiser Roll
- Ham & Cheese on WG Kaiser Roll (P)
- WG Bagel & RF String Cheese
- LF Yogurt Parfait
- Rotating Salad
- Fat Free Chocolate Milk, Fat Free White Milk, or 1% White Milk
- 4 Oz 100% Orange Juice, Apple Juice, and Tropical Punch

All Lunches Must Include Choice of:  
Fruits and/or Vegetable  
Choice of:  
Fat Free Chocolate Milk, Fat Free White Milk, or 1% White Milk

Items with a (P) may contain pork

\*Menus are subject to change without notice

MON	TUES	WED	THURS	FRI
				1
<b>Panini Friday's</b> <ul style="list-style-type: none"> <li>• 4/1 Meatball Parmesan</li> <li>• 4/15 BBQ Chicken and Cheddar</li> <li>• 4/29 Chicken Fajita Flatbread</li> </ul>				
4	5	6	7	8
WG Chicken Nuggets WG Rice Cucumber Coins Orange Wedges	Taco Seasoned Beef over Tostitos Chips with Cheddar Cheese Black Beans Applesauce	Brunch for Lunch WG French Toast Scrambled Eggs Tater Tots Apple Slices	Hamburger or Cheeseburger on a WG Bun Sweet Potato Fries Diced Peaches	<a href="#">Try Our New LTO!</a>  OR WG Cheese Pizza Romaine Side Salad Apple Slices
11	12	13	14	15
Pizza Crunchers Celery Sticks Diced Pears	Chicken & Vegetable Dumplings Fried Rice Whole Kernel Corn Blueberries	Brunch for Lunch WG Pancakes Chicken Sausage Baby Carrots Applesauce	Chicken & Cheese Quesadillas Vegetarian Beans Mixed Fruit	WG Cheese Pizza WG Pepperoni Pizza (P) OR BBQ Chicken & Cheddar Panini Romaine Side Salad Strawberries
18	19	20	21	22
Chicken Filet with Cheese On WG Bun Broccoli Orange Wedges	Taco Seasoned Beef Over Tostitos Chips with Cheddar Cheese Black Beans Mixed Fruit	No Lunch Service  ½ Day of School	Hamburger or Cheeseburger on a WG Bun Sweet Potato Fries Orange Wedges	School Closed
25	26	27	28	29
School Closed  Memorial Day	Chicken Nuggets WG Rice Seasoned Corn Mixed Fruit	Brunch for Lunch WG Pancakes Turkey Sausage Seasoned Broccoli Diced Pears	Two Chicken Soft Tacos Vegetarian Beans Diced Peaches	WG Cheese Pizza WG Pepperoni Pizza (P) OR Chicken Fajita Panini Cucumber Coins Strawberries

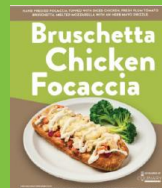
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Powering potential.

All Students Now Receive First Lunch Meal Free!

Try our Limited Time Offer on May 8<sup>th</sup>!

\*Bruschetta Chicken Focaccia\*



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